

# Team Safety Meeting Resources

## Elementary School



*At the start of the season, Lead Coaches/Mentors are required to conduct a Safety Meeting. This meeting may be combined with the team's existing start-of-season meeting or be held as a separate meeting. Subject to the Lead Coaches'/Mentors' discretion and judgment, the Safety Meeting may be as brief or extensive as necessary, FIRST recommends including some or all of the following elements:*

- View *FIRST* Youth Protection Team Safety Meeting video or activities for the age group/s you are working with
- Review Fundamental Safety Guidelines and program specific safety measures
- Discuss communication and behavioral limits as specified in the Code of Conduct, reviewing behavioral boundaries in age appropriate terms
- Establish clear responsibilities and means for reporting safety concerns

Encourage everyone involved with the team to discuss safety concerns with the Lead Coach/Mentor or other trusted adult, knowing that the concerns will be taken seriously and that there won't be negative consequences for team member or a person raising concerns for their child/ren.

The videos and activities provided are optional tools to help initiate team conversations about personal safety. If you already have your team's personal safety practices established, you do not need to duplicate efforts. If you prefer, you may conduct your team safety meeting with materials you already have.



## Traffic Light Activity

This exercise is to help team members think about specific types of behavior as well as the concept of behavior as a continuum.

Materials can be used as an individual activity or a white board, poster, or chalkboard exercise as a group. The goal is for students to identify which behaviors from the list are Healthy, Concerning, or Abusive.

**Think of behavior as a range**

**GOOD = GREEN LIGHT**

**CONCERNING = YELLOW LIGHT**

**ABUSIVE = RED LIGHT**

This activity can be done in color or black and white. The color option works well for early readers while the black and white option will be more challenging for advanced readers.

**Next the discussion can focus:**

- What to do?
- Who should you tell?
- When should you tell?

*These instructions are meant as a guide. If you have questions or concerns, please contact the Youth Protection Program Manager, Lee Doucette*

*ldoucette@usfirst.org » 603-666-3906 x250*



***BULLYING***

CREATE YOUR OWN WORDS

***BITING***

CREATE YOUR OWN WORDS

***HITTING***

CREATE YOUR OWN WORDS

***TEASING***

CREATE YOUR OWN WORDS

***SHOUTING***

CREATE YOUR OWN WORDS

***SECRETS***

CREATE YOUR OWN WORDS

***TICKLING***

CREATE YOUR OWN WORDS

***HELPING***

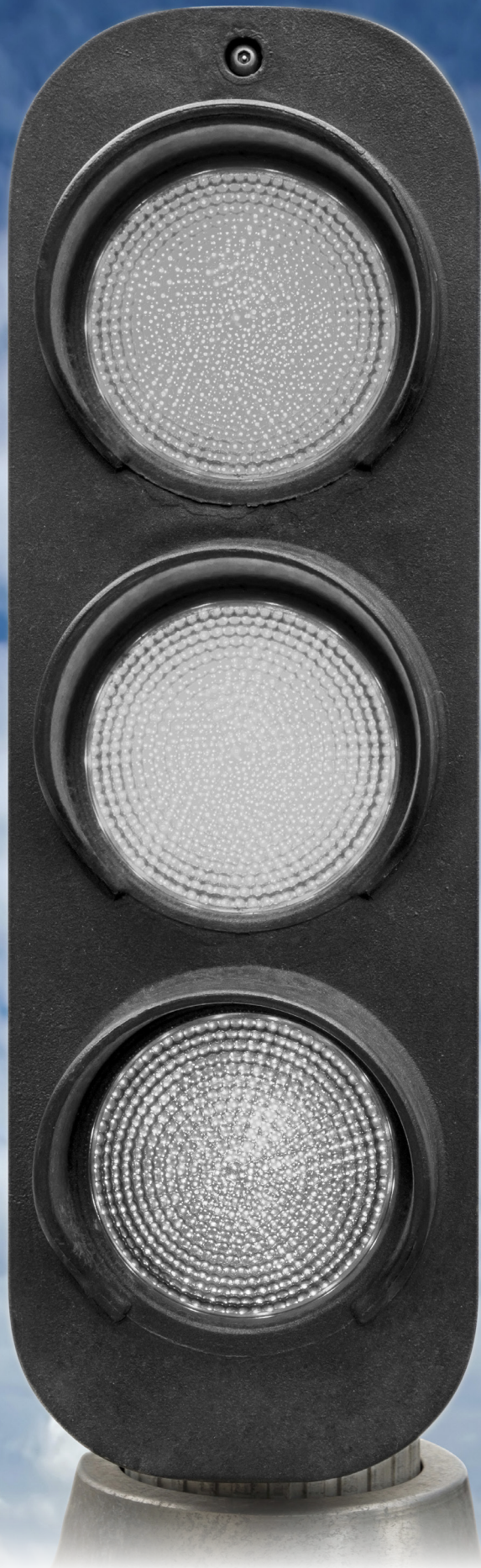
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***SHARING***

CREATE YOUR OWN WORDS

***COOPERATING***

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